



The Right Step Dance Company

NEWS LETTER 2022



Shake Your Tail Feather

WELCOME to our latest newsletter. This year has seen the company move from surviving to thriving and we have enjoyed every minute...

A FEW WORDS

Some of our favourite quotes...

"This balancing is tricky. Handa is clever!" **Book Week, Balfour Infants, Handa's Surprise, YR**

"The training has been insightful, creative, inspirational and to a very high level. Thank you for passing on your knowledge." **Georgina Butten, Active Armchairs Trainee**

'My favourite part of our dance was showing our planet. We had Saturn and linked our arms together for the rings' **Participant, Snodland Primary's Educating Dance Lessons**

"I never realised I could dance until I came to your class. I enjoyed it so much!" **Year 11 Participant, St John Fisher School**

"Georgia was brilliant today, she had the whole group involved and they loved it! Sometimes our groups of disabled children can be difficult to engage, but she had him interested within minutes. They all smiled throughout and the performance at the end was amazing." **Bianca Reynolds, Imago Community, August 2022**

'I have loved learning new techniques of dance from Jenny. We all have so much fun. Dance makes me feel free and I can express my emotions. Plus I love keeping fit!' **Isabelle, Snodland Primary's Dance Club**

THE TRS TEAM has grown so much this year. We welcome Amy, Charlie, Charlotte, Erica, Georgina, Josie, Kirstie, Kirsty, Lauren, Lizzie, Marie and Sophie to the team! Josie has joined the office team as Company Assistant and it feels like she was always here. This year we said a sad goodbye to Lou who has worked with us for a long time and is moving on to expand her yoga company, Avec Lou. We'll still see her lots though! We also wish Rachel well on maternity leave.



Marie at The Rockstar Experience



2022 Nominee, Erica at Hale Place Care Solutions



Educating Dance at Greenvale Infants School

10 YEARS WITH TRS! This year Shanice celebrated her 10th anniversary working with The Right Step! She has been a TRS Teacher longer than any other, except our founder, Rebecca and we love having her on the team. Shanice can be found facilitating Active Armchairs and leading up beat exciting dance clubs. We look forward to the years to come!



Shanice during lockdown 2020

EDUCATING DANCE regular lessons and events have been held across Kent. Greenvale Infants worked with Rachel, Lou and Jenny with every child in the school dancing. Jenny's Lifecycle and Growth sessions have been popular at a few schools now and she took Encanto to Kingswood, where children danced about their super powers! Next we look forward to the Kingswood Beaver's session about The Haka and New Zealand.

TRS TEACHER OF THE YEAR 2022 nominees were announced in our All Hands Meeting. The nominees are Erica, Georgina and Kirsty H, three wonderful team members. Last year's winner was Shanice, what a great way to bring in her 10th year with us. The 2022 winner, voted for by TRS Teachers, will be announced at the TRS Teacher's Christmas party.



Educating Dance at Snodland Primary



Encanto at Kingswood Primary



2022 Nominee, Georgina at Take My Teaching Training



2022 Nominee, Kirsty at Halloween Active Armchairs

We would love to hear from you...
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THE QUEEN'S JUBILEE celebrations were incredibly exciting for everyone. We celebrated through dance and had a wonderful time. We even wrote a blog post about it!



Jubilee at Victory House Care Home



Celebrations at The Marlborough Centre



Shaking at Snodland Primary School

SHAKE YOUR TAIL FEATHER was our Age of Creativity Festival project. Active Armchairs Trainee Facilitators choreographed a dance that could be easily adapted, we filmed it and shared it far and wide. People of all ages and abilities shared their versions. We aimed to raise awareness about dance in care homes and The Holmesdale School's dance club organised a trip to Pilgrims View Care Home for Active Armchairs as a result!



Castle Shapes at Harrietsham Primary

THE TEAM PICNIC was such a success last year that we went back to Teston Bridge Country Park again to enjoy the sunshine and some well deserved TRS Team social time.



The Holmesdale School, inspired by Shake Your Tail Feather



Hunton Primary, Street Dance

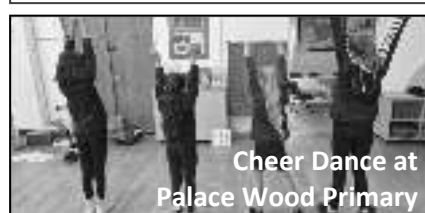


The TRS Team Picnic



St Peter's Primary, inspired by Easter

DANCE CLUBS inspired by Waves, Animal Masks, Seasons and many more have taken place all over Kent and there have been lots of performances too. Almost 400 participants have the chance to dance in our clubs every week!



Cheer Dance at Palace Wood Primary

ACTIVE ARMCHAIRS has been really popular with community groups. We've worked with Friendly Faces, Overcome Achieve and Prosper group, St Margret's Church, Kent Association for the Blind, Medway Trefoil and more. Care homes have been telling us about their theme days so Active Armchairs has been themed too. There's been Pirates, Hawaii, USA and more. We've run so many tasters and started new classes, next we're looking forward tasters at Rochester Care Home, Sheppey Matters and Hillbeck Care Home.

TRS TRAINING held a brand new training day, Take My Teaching. Designed for those who have been teaching dance a long time, we spent the day reflecting and creating brand new ideas such as Dance Snap! We also had Active Armchairs Facilitator Training and the normal First Aid and Safeguarding Training. As we have so many new team members, we look forward to more training soon.



Medway Trefoil



Cheer Dance at Little Acorns



Superworm at Balfour Infants School

BOOK WEEK is always a highlight of the year. This year's books included Handa's Surprise, Harry Potter, Spiderwick and Aliens and Dinosaurs in Underpants! Higham Primary enjoyed a whole school Treasure Island theme and, as always, everyone's costumes were amazing!

HOLIDAY CLUBS have taken off this year. From 2 to 18, across Kent and in many different dance styles we've spent 100s of hours dancing. Highlights were The Rockstar Experience, where we boosted confidence and explored our inner rock stars, and Emergency Services themed Educating Dance classes with T W Tutors. We're already working on the next holidays so keep an eye out for us!



The Rockstar Experience



Treasure Island at Higham Primary

KEEP UP TO DATE THROUGHOUT THE YEAR...
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It's been a fantastically busy year and we can't wait to be back dancing with you through 2023!